



Active Adult Recreation

September - October 2010

SENIOR NEWS

**City of Chandler
Senior Center**
202 E. Boston Street
Chandler, AZ 85225

480-782-2720
Fax: 480-782-2725

Monday–Friday
8 a.m.– 5 p.m.

Holiday Closures:
September 6

BULLETIN BOARD

Indian Quilt Raffle!!!!

The Senior Quilters are selling raffle tickets for their current project, a queen-sized quilt that features images of Indian girls in multicolored native dress. Only 150 tickets will be available for purchase. The drawing will be held when all tickets are sold.

Tickets are \$5 each and may be purchased in the quilt room or at the front desk. The quilt is on display in the quilt room.



Fall BBQ Coming Up!!!!

Mark your calendars and plan to attend our Senior Center Fall BBQ!

When: Saturday, October 2

Time: 10:30 am - 1:30 pm

Cost: \$5

Registration code: #441SC.170

Come sign up at the front desk! A BBQ lunch is provided as well as bingo and entertainment! You won't want to miss it!



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SITE COUNCIL

Want to have a voice in what happens at the Senior Center? Attend our Senior Site Council meetings. Meetings are regularly held on the 3rd Monday of each month at 9:30 am. Upcoming meetings will be on September 20 and October 18.

President: Edna Robinson

Vice President: Edna Kelch

Treasurer: Betty Crawford

Secretary: Carol Temple

Members: Lennie Bhaerman, George Pace,

Leonardo Chappelle, Bert Johanson, LaVerne Johanson, Koko Romero, Dottie Simmons, Doris Campbell, Ann Moore, AC Baumgartner, Ira Hutchinson, Roni DeLao, Ed Diamond, Thelma Brown, Dwayne Jacobs, Rosemary Morton, Maretta Wood
Staff: Nancy Ricketts, Tony Johnson, Denise Demaray

Menu Committee: A menu meeting will be held November 17th at 1:30 pm at the Chandler Senior Center.

SENIOR CENTER STAFF TEAM

City of Chandler Recreation

Recreation Coordinator II: Denise Demaray (480) 782-2722

Recreation Coordinator I (Therapeutics): Collette Prather (480) 782-2709

Recreation Leader II: Eliza Mercado (480) 782-2741

Customer Service Representative: Loretta Colson (480) 782-2720

Community Services of Arizona

Meal Program Site Coordinator: Nancy Ricketts (480) 782-2721

Meal Program Administrative Assistant: Phil Vitrano (480) 782-2740



VOLUNTEER OPPORTUNITIES



Meal Delivery

We are looking for volunteers to help deliver home meals. The hours are 10 am – 2:30 pm, Monday through Friday. If you are interested in volunteering your time, please call 782-2721 and speak to Nancy. Your help would be appreciated!

Angel Committee

The craft group is looking for volunteers to help make party and holiday favors to be used for our parties and congregate meal dining tables, and to send to our home-bound friends with their meals.

All supplies will be provided; we just need your help to make the crafts. Sign up at the front desk to become a member. The Angel Committee will be meeting September 13 and September 27.

ACTIVITY, TRIP AND CLASS REGISTRATION AND CANCELLATION INFORMATION

Please take the time to fill out the registration form for each event you would like to participate in (unless noted that separate registration is needed) so we can process your registrations easier.


Registration is NOT accepted by phone. Please send all registration material to/or drop off at:

Chandler Senior Center
202 E Boston St
Chandler, Arizona 85225

Faxes are accepted ONLY when no payment is required or payment is made by credit card. Our fax number is 480-782-2725.

Registration

- Complete and sign the Activity and Trip Registration form for each activity, trip, etc. Multiple activities, classes and trips may be submitted on one form. A receipt will be issued for your registration. No registration forms will be processed without payment. Space is limited, so please register early!
- Submit the Activity and Trip Registration form with your payment. Payments can be made by Master Card, Visa, American Express, debit card, cash or check.



**“No registration forms
will be processed
without payment. Space is limited, so
please register early!”**

Cancellations & Refunds

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- All cancellations must be made 24 hours in advance (weekends not included) to have money placed on your account for future use. If less than 24 hours, your registration fee will be forfeited.

Waiting List

- A waiting list is available for those who want to register for an activity that is full. Please complete and submit the registration form. No payment is required to be placed on the wait list. If space becomes available, we will register you from the waiting list in the order in which you registered. Payment will be due at that time.

WEEKLY ACTIVITIES

MONDAY

- Quilting 8:30 am
- Weights Exercise 8:45 am
- Standing Exercise 9 am
- Chair Exercise 9:30 am
- Bunco 10 am
- Bingo, Bridge 12 pm
- Line Dancing 3:45 pm

TUESDAY

- Quilting 8:30 am
- Pinochle 12 pm
- Mah-Jong 12 pm

WEDNESDAY

- Ceramics 8 am
- Weights Exercise 8:45 am
- Standing Exercise 9 am
- Chair Exercise 9:30 am
- Kitchen Band 10 am
- Bunco 10 am
- Bingo, Pinochle, Hand/Foot 12 pm

THURSDAY

- Quilting 8:30 am
- Crafts 9 am
- Food Box/ Bread Distribution 10 am
- Bowling at Kyrene Lanes (\$5) 12:30 pm
- Euchre 1 pm

FRIDAY

- Weights Exercise 8:45 am
- Standing Exercise 9 am
- Chair Exercise 9:30 a
- Bunco 10 am
- Volleyball 10 am
- Bingo, Bridge 12 pm

MONDAY-FRIDAY ACTIVITIES

- Coffee 8 am
- Computer Lab 8 am-5 pm
(excluding class time)
- Pool table 8 am-5 pm
- Lunch 11:30 am

SPECIAL SERVICES

Have Questions?

Call the **Senior Help Line** 602-264-4357

Need a ride? **Dial a Ride** 480-633-0101 ext. 4

Coupons for Cabs 480-962-7433

Free Counseling: BeAnne will be available on the 1st and 3rd Wednesday of each month from 10 -11:30 am.

Free Legal Help: Attorney and Counselor E. Cameron Pickett is available to give legal help Wednesday, September 29 from 9-11 am. Sign up for an appointment!

Diane Ayers with United Healthcare/ Secure Horizons will be available for consultations on September 13 & 27 at 9:30 am. On October 22, she'll be here to give a full presentation of new guidelines at 9:30 am

Medicare Counseling: Area Agency on Aging provides free information on Medicare options by appointment. Call us to get an appointment.

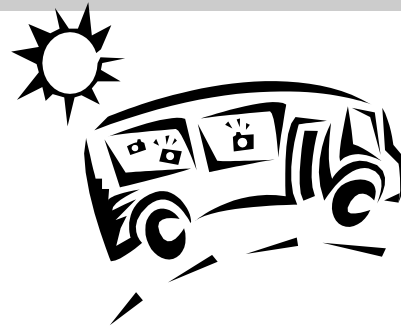
Ride Choice: Ride Choice is here every first Thursday of the month at 10:30 am to sell tickets.

John Anthofer with Cigna Healthcare of Arizona will be available for consultations on Medicare on September 16 and October 21 at 10 am.

Notary Work: Available upon request from Right at Home. Ask at the front desk for more information.

Hearing Screening: Miracle Ear will be doing a health seminar on September 14 at 9:30 am and conducting hearing checks on October 12 at 9:30 am.

Blood Pressure Checks: Right at Home will be conducting free blood pressure checks on September 2 and October 7 starting at 10 am.



ADVENTURES AND OUTINGS

Thursday, September 16—

Hale Theater: The Foreigner

Activity Code: # 435SC.150

Cost: \$19 registration fee, \$26 for non-residents

- “Charlie has a problem. He’s shy. So his friend, Froggy, passes him off as a foreigner that doesn’t speak English at the old lodge so he doesn’t have to talk to anyone. But boy does he get an earful! Charlie discovers HUGE sinister plans. The mayhem that ensues makes this Larry Shue comedy one of the most outrageous and hilarious shows you’ve ever seen!”
- Leave the Senior Center at 6:30 pm
- Return time approximately 10:00 pm

Friday, September 24—

Diamondbacks Game

Activity Code: # 401SC.160

Cost: \$18 registration fee, \$22 for non-residents

- Play ball! Come support our Arizona team as we take on the Los Angeles Dodgers! Bring some extra cash for a juicy hot dog or whatever your heart desires!
- Leave the Senior Center at 5:30 pm
- Return time approximately 10:00 pm

Wednesday, October 6—

New POOL Marketplace in Mesa

Activity Code: # 436SC.140

Cost: \$3 registration fee, \$4 for non-residents

- Mesa just opened an indoor marketplace that hosts nearly 50 businesses creating a character unlike any other in Arizona. This place aims to be a sort of upscale flea market—let’s go check it out! Be prepared to walk a lot. :) Please note: there are eateries to get lunch on your own.
- Leave the Senior Center at 10:00 am
- Return time approximately 2:00 pm

Thursday, October 14—

Schnepp’s Farm: Pumpkin & Chili Party

Activity Code: # 438SC.150

Cost: \$14 registration fee, \$19 for non-residents

- Voted Arizona’s Best Fall Event 3 years in a row is the “must do” Pumpkin and Chili Party! Pig races, train rides, the country store and bakery and more! Please keep in mind that this is a farm, and has dirt walk-ways and uneven ground.
- Leave the Senior Center at 10:00 am
- Return time approximately 1:30 pm

Thursday, October 28—

Arizona State Fair

Activity Code: # 437SC.150

Cost: \$3 registration fee, \$4 for non-residents

- Best time of the year! Food, shows, galleries and contests! Come out and enjoy all the fun that our State Fair has to offer! Bring \$2 for your entrance fee.
- Leave the Senior Center at 11:30 am
- Return time approximately 4:00 pm

MONTHLY DAY TRIPS TO MAZATZAL CASINO

Bus leaves at 8:30 am and returns at 5 pm, \$5 fee

September 22	Activity code: #423SC.140
October 27	Activity code: #439SC.140
November 24	Activity code: #440SC.140

All cancellations made 24 hours in advance will have the \$5 put on account for future use. All cancellations made less than 24 hours in advance will forfeit their fee. Please register at the front desk.

September - October 2010

ONGOING PROGRAMS

CONGREGATE MEALS AT THE SENIOR CENTER

Meals are served Monday – Friday @ 11:30 am.

Arrive by 11 am to check in for lunch.

You must reserve your meal. Please call by 11 am the day before if you would like to join us for lunch.

Special thanks to the Area Agency on Aging, Community Services of Arizona and all of those who sponsor our congregate meals program!

We appreciate you!!

Suggested donation is \$2.50 for seniors who are 60 years and older, and \$4 for those under 60 years of age. Please call Nancy at 782-2721 to reserve or cancel your meal.



OUT TO LUNCH BUNCH



Join us once a month (usually every third Wednesday) as we enjoy some delicious food from restaurants all over the Valley. We leave from the Senior Center at 11 am.

Upcoming lunches:

September 29 - Elephant Bar

October 20 - Logan's Roadhouse

AARP Driver Safety Program

Traffic rules, driving conditions, and roads themselves have changed over the years. AARP offers a defensive driving course that will make you a safer driver. You may be eligible for an insurance discount upon completing the course! Class is offered every third Thursday of the month!

September 16 • 1-5 pm

October 21 • 1-5 pm

Chandler Community Center
125 E. Commonwealth

We're on the Web!

www.chandleraz.gov/senior-adults

Mall Walking

Let's go shop and walk! Once a month, we choose a local store to check out and do some shopping! We leave at 10 am.

Upcoming store visits:

September 15 - Chandler Mall

October 13 - Target



Food Box Program

Every Thursday, volunteers from the community come together to collect generously donated food from bakeries and the Chandler Christian Community Center and make baskets to give to you! Sign up at the lunch table and be here Thursday morning to collect your basket!



Out to the Movies

Let's go to the picture show! It's \$2 Tuesdays at the Tempe Cinemas. Every first Tuesday of the month, we go see a movie. Everyone welcome! Movie choice and time is decided the Friday before the Tuesday we go so make sure to check in!

Upcoming Movie Dates:

September 7 & October 5

Happy Birthday!

Everyone deserves a little special treatment on their birthday! Come in and enjoy a free lunch one day of your choice during the month of your birthday! Call ahead to reserve your birthday lunch! Birthday cake served every 4th Friday at lunch.

EVENTS CALENDAR

- Sept 1—BeAnne provides counseling
- Sept 2—Right At Home is conducting free blood pressure checks
- Sept 2—Ride Choice to sell tickets!
- Sept 7—Out to the Movies
- Sept 10—Comfort Keepers 10 am
- Sept 13—Carl Nyberg will entertain us!
- Sept 13—Diane Ayers with United Healthcare/ Secure Horizons is here for visits
- Sept 14—Bankers and Casualties
- Sept 14 —Miracle Ear—free hearing tests
- Sept 15—Mall Walking: Chandler Mall
- Sept 15—BeAnne provides counseling
- Sept 16—Safeway sponsors a presentation on the Flu
- Sept 16—The Foreigner at Hale Theater
- Sept 16—John Anthofer with Cigna
- Sept 17—"Healthcare Decisions"
- Sept 20—Gloria Crandall brings us music!
- Sept 21—Josh Bell—Oldies and goodies!
- Sept 22—Mazatzal Casino trip
- Sept 24—Diamondback Game
- Sept 27—Mary Polindexter sings for us!
- Sept 27—Diane Ayers with United Healthcare/ Secure Horizons is here for visits
- Sept 28—Maricopa County Weatherization Program presentation
- Sept 29—Attorney Pickett is here to give free law help. Sign up for an appt!
- Sept 29—Penny Senior Housing Locator with breakfast foods by Celeste.
- Sept 29 -Out to Lunch: Elephant Bar
- Sept 30—Safeway sponsors free flu shots

Entertainment, Speakers, Trips, Medical Screenings and Special Events

September 2010

September - October 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Counseling 10am	2 Screening 10am Speaker 10am	3	4
5	6 HOLIDAY Center Closed	7 Out to the Movies	8	9	10 Speaker 10am	11
12	13 Angel Committee 9am Music 10am Speaker 9:30am	14 Screening 10am	15 Counseling 10am Mall Walking 10am	16 Speaker 10am Flu presentation 10am Trip 6:30pm	17 Speaker 10am	18
19	20 Music 10am	21 Music 10am	22 Mazatzal Casino	23	24 Trip 5:30pm	25
26	27 Angel Committee 9am Music 10am Speaker 9:30am	28 Speaker 10am	29 Free Law Help 9am Speaker 9:30 Out to Lunch	30 Screening: Flu Shots 9-12 noon		

EVENTS CALENDAR

- Oct 2—Fall BBQ
- Oct 4—David Capillato plays piano!
- Oct 5—Out to the Movies
- Oct 6—BeAnne provides counseling
- Oct 6—Pool Marketplace
- Oct 7—Right at Home is conducting blood pressure checks
- Oct 7—Ride Choice is selling tickets!
- Oct 11—Gloria Crandall sings for us!
- Oct 12—Miracle Ear conducts free hearing checks
- Oct 13—Mall Walking: Target
- Oct 14—Silverado Senior Living
- Oct 14—Schnepf's Farms: Chili Party
- Oct 18—Don Bonner brings us music!
- Oct 19—Apex Chiropractic
- Oct 20—Out to Lunch: Logan's Roadhouse
- Oct 20—BeAnne provides counseling
- Oct 21—John Anthoefer from Cigna
- Oct 22—Tino Dela Rosa graces us with his voice!
- Oct 22—Dlance Ayers with United Healthcare/Secure Horizons
- Oct 26—MJ Moore entertains us!
- Oct 27—Mazatzal Casino
- Oct 28—Arizona State Fair

Entertainment, Speakers, Trips, Medical Screenings and Special Events

October 2010

September - October 2010

Su	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Fall BBQ 10:30am
3	4 Music 10am	5 Out to the Movies	6 Trip 10am Counseling 10am	7 Screening 10am Speaker 10am	8	9
10	11 Music 10am	12 Screening 10am	13 Mall Walking 10am	14 Speaker 10am Trip 10am	15	16
17	18 Music 10am	19 Speaker 10am	20 Counseling 10am Out to Lunch 11am	21 Speaker 10am	22 Music 10am Presentation 9:30am	23
24	25	26 Music 10am	27 Mazatzal Casino	28 Trip 11:30am		



CITY OF CHANDLER
Community Services Department
Mail Stop 501, P.O. Box 4008
Chandler, AZ 85244-4008



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"Read All About Us!"



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